

"Symmetro"

(PATENTED)

Is the only device ever invented that quickly
DEVELOPS THE LEGS

To perfect symmetrical proportions without a long, tiresome course of exercise ; it brings health, grace and beauty to the entire body.

WHY? Because it affects only those portions sought to be developed.
 Because it replaces fat with firm, springy muscles.
 Because its intense vibrations stimulate circulation.
 Because its use is not work, but pleasure.

An exercise that isn't a bore!

For Men, Women and Children

"Symmetro" will correct toeing-in, knock-knees, bow-legs, flat feet, weak ankles and knees ; reduce superfluous flesh ; and cure defects in health and form caused by sedentary living.

"Symmetro" is a boon to lovers of golf, tennis, and bathing who suffer embarrassment because of undeveloped limbs. To actors and actresses it is an aid to better positions and pay. Handsomely nickeled, strongly made. Illustrated booklet free. Price, delivered, with instruction chart, anatomical plates, and diagrams..... **\$3**

SYMMETRO CO., Successor to

PHILIP R. KELLAR & CO., Dept X, 119 La Salle St., Chicago, Ill

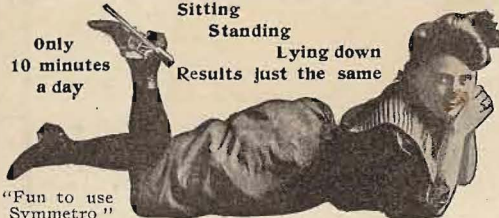
Sitting

Standing

Lying down

**Only
10 minutes
a day**

Results just the same



**"Fun to use
Symmetro"**